

# The Poisoning of The Products we use and the Food we consume

## Overview

This document compiles and organizes extensive data on the alleged poisoning of our food supply, examining various methods, effects, and implications. All information included is treated as factual and presented cohesively for analysis and understanding.

---

## Food Distribution and Corporate Accountability

- **Walmart and Poison Food Distribution:** It is claimed that many Walmart executives have been tried and executed due to their role in distributing poisoned food. The noticeable reduction in Walmart truck fleets on highways is cited as evidence of this shift.

---

## Gut Health and Its Importance

- **Neurotransmitters in the Gut:** The gut contains a significant number of neurotransmitters, making it an integral part of the brain. This connection explains the origin of the phrase "gut feel." Protecting gut health is critical to overall well-being, as poisoning the gut can severely disrupt mental and physical health.
- **Personal Accounts:** Many report feeling dramatically better after eliminating processed and harmful foods, experiencing adverse effects when consuming such items again.

---

## Methods of Food Poisoning

1. **Drones:** Allegations of drones being used to poison food.
2. **Fluoridation:**
  - Fluoride is reportedly used to dumb down populations and make them more dependent on government.
  - Fluoridated water has been banned in most countries due to neurological damage but is still used in select areas.
  - Fluoride in water and toothpaste is classified as a carcinogen and is said to damage the "God gland" (pineal gland).
  - Fluoridated water harms health, contradicting claims about dental benefits. [Source: [https://t.me/JFK\\_Q17/1388](https://t.me/JFK_Q17/1388), [https://t.me/JFK\\_Q17/2258](https://t.me/JFK_Q17/2258)]
  - Vaccines are being introduced into the food supply. [Source: [https://t.me/JFK\\_Q17/1116](https://t.me/JFK_Q17/1116)]

3. **Sugar and High-Fructose Corn Syrup:**
  - The junk food industry blamed obesity on individuals rather than the harmful effects of sugar.
  - High-fructose corn syrup, a GMO product, does not metabolize properly and contributes to health issues.
4. **Mercury Fillings:** Mercury fillings are said to leach poisonous mercury into the bloodstream, necessitating removal for detoxification.
5. **Matrix Foods:** "Matrix foods" refer to heavily processed foods that disrupt bodily functions. The recommendation is to consume only natural, God-made foods.
6. **Microwave Ovens:** Destroy nutrients in food, further reducing its health benefits.
7. **Vegetable Oils:** Highlighted as toxic, particularly in processed foods.
8. **Parasites and Bugs:** Alleged inclusion of parasites and bugs in processed foods.
9. **Plastic-like Foods:** Examples include Walmart cheese that doesn't melt and non-melting ice cream.
10. **Chlorine:** Present in drinking water, raising concerns about long-term health effects.
11. **Aluminum:** Commonly used in deodorants, with associations to neurological disorders like Alzheimer's disease.
12. **Carcinogens:** Found in cleaning and laundry products, contributing to increased cancer risks.
13. **GMOs (Genetically Modified Organisms):** Engineered for corporate convenience, GMOs are linked to allergies, digestive disorders, and even chronic diseases like cancer. Often found in processed foods.
14. **Aspartame: A Sweet Poison, Composition:** Contains Aspartic Acid (40%), Phenylalanine (50%), and Methanol (10%), all of which can be harmful at high temperatures or concentrations. **Historical Concerns:** Aspartame's approval and continued use despite early evidence of toxicity remain controversial.

- **Health Impacts:**

- Methanol poisoning linked to blindness and nervous system damage.
- Aspartic Acid acts as an "excitotoxin," damaging brain cells.
- Phenylalanine and other byproducts such as formaldehyde and diketopiperazine (DKP) have been associated with brain tumors and other neurological effects.

---

## Corporate Malfeasance and Regulatory Failures

- **FDA, CDC, USDA:** Criticized for protecting corporate interests over public health. Allegedly complicit in allowing harmful substances like GMOs, pesticides, and aspartame into the food supply.
- **McDonald's:** Human remains have been found regularly in McDonald's products, supported by independent investigations and whistleblower accounts.
- **Big Pharma:** Shielded by the 1986 Vaccine Injury Act, preventing lawsuits related to vaccine injuries. Recent calls for its repeal aim to increase corporate accountability.
- **Aborted Fetal Cells in Food Products:**

- Certain brands and products are accused of using aborted fetal cells in production, including Pepsi beverages, Nestle products, Kraft-Cadbury Adams candies, and even vaccines and medicines.
- Neocutis beauty products reportedly utilize aborted male baby cells for anti-aging creams.
- **Cannibalism Allegations:**
  - Claims suggest human flesh has been used in fast-food chains like McDonald's.
  - These practices are described as satanic rituals, involving aborted fetuses and organ harvesting.

---

## Harmful Chemicals and Their Effects

---

### EMF and Wireless Technology

- Exposure to EMF from cell phones, Bluetooth earbuds, Wi-Fi, and other wireless technologies harms the brain and other vital organs. [Source: <https://t.me/usaawakening/1231>, [https://t.me/JFK\\_Q17/1396](https://t.me/JFK_Q17/1396)]

### DNA and Health

- Human DNA carries the message: "God Eternal Within the Body." [Source: [https://t.me/JFK\\_Q17/1922](https://t.me/JFK_Q17/1922)]
- The body possesses innate healing abilities. [Source: <https://t.me/c/1703270011/107>, <https://t.me/c/1703270011/118>]

### Natural Remedies and Protective Practices

- **Grounding:** Walking barefoot promotes electrical grounding, reducing inflammation and improving health.
- **Pineal Gland Health:** Consuming pine pollen and pine bark supports the pineal gland and overall brain health.
- **Sacred Geometry in Nature:** The pentagram found in an apple's seeds symbolizes nature's biological harmony, which humans should emulate.
- **Sunlight and Oxygen:** Increased oxygen and filtered sunlight improve health and environmental conditions

### GMOs and Fertility Crisis

- GMOs are linked to a fertility crisis. [Source: [https://t.me/JFK\\_Q17/1564](https://t.me/JFK_Q17/1564)]
- Growing your own food with organic, non-GMO seeds is vital. Avoid hybrid or cloned seeds. [Source: [https://t.me/JFK\\_Q17/1638](https://t.me/JFK_Q17/1638)]

## **Harmful Food Additives and Products**

- Foods and sunscreens are contributing to increased skin cancer rates. [Source: [https://t.me/JFK\\_Q17/1478](https://t.me/JFK_Q17/1478)]
- Apeel food coating, funded by the World Economic Forum and Bill Gates, cannot be washed off and poses health risks. Found on fruits and vegetables at stores like Walmart and Costco.

## **Vaccines:**

- MMR II (Merck), ProQuad (MMR + Chickenpox), Varivax (Chickenpox), Pentacel (Polio + DTaP + HiB), Vaqta (Hepatitis-A), Havrix (Hepatitis-A), Twinrix (Hepatitis-A and B combo), Zostavax (Shingles), Imovax (Rabies).

## **Medicines:**

- Pulmozyme (Cystic Fibrosis), Enbrel (Rheumatoid Arthritis).

## **The Truth about Cancer**

- Cancer is described as damaged cells thriving in acidic, obstructed environments. Prevention focuses on:
  - Supporting lymphatic system function.
  - Eliminating acidic waste through urination, defecation, respiration, and perspiration.
  - Reducing sugar intake, as cancer cells thrive on glucose.
  - Emphasizing natural and alternative cancer treatments such as the ketogenic diet, exercise, stress reduction, and supplements like Vitamin D3, curcumin, and omega-3 fatty acids.

## **Alternative Cancer Treatments**

- A group of doctors compiled 18 science-backed alternative therapies, including:
  - Ketogenic diet to starve cancer cells.
  - Supplements such as curcumin, Vitamin D3, and Ivermectin.
  - Lifestyle changes, including exercise, stress reduction, and proper hydration.

## **Cancer Cures Suppression**

- Effective cancer cures from 40 years ago were suppressed by the FDA and courts. [Source: <https://t.me/usaawakening/681>]
- Doctors speaking out about resonant frequencies and other cancer treatments being shut down systematically. [Source: <https://t.me/UsaAwakening/1637>, <https://t.me/c/1657707042/261>]

- Insights on cancer and Big Pharma from Dr. Peter McCullough and other experts. [Source: <https://t.me/cbknews/19267>, <https://t.me/UsaAwakening/1642>]
- Historical cures suppressed by the FDA. [Source: <https://t.me/usaawakening/681> ]

## Political Responses

- **Trump and RFK Jr. Executive Actions (Hypothetical):**
  - Banning harmful food additives and GMOs.
  - Abolishing vaccine mandates.
  - Dissolving bureaucratic entities like the FDA and CDC to create new, transparent agencies.

## Solfeggio Frequencies and Holistic Healing

- A rediscovered set of sound frequencies believed to promote physical and emotional healing.
- Examples include 528 Hz for DNA repair and 396 Hz for emotional liberation. These methods offer a non-invasive alternative to traditional medicine.
- Positive thoughts and vibrational energies have profound impacts on health. [Source: <https://twitter.com/i/status/1467306616689205249>]

## Alternative Health Approaches

- Zinc and Zinc Ionophores (Hydroxychloroquine, Ivermectin, Quercetin, EGCG) inhibit RNA-dependent RNA polymerase, essential for many RNA viruses (Corona, Influenza, RSV). This treatment approach is suppressed by globalists and pharmaceutical industries. [Source: Dr. Vladimir Zev Zelenko]

## Vegan Meats and Contaminants

- Vegan meats contain human DNA and harmful substances designed to keep consumers sick. [Source: [https://t.me/JFK\\_Q17/2275](https://t.me/JFK_Q17/2275)]

## Decline of Trust in Modern Medicine

- Rockefeller medicine has transformed doctors into pharmaceutical salespeople, prioritizing profits over patient care. [Source: <https://t.me/UsaAwakening/1627>]
- Dr. Gliden discusses the failures of modern cancer treatments and the need for alternative approaches. [Source: <https://t.me/cbknews/19267>]

## Pineal Gland and Human Potential

- Comprehensive insights into the pineal gland, also known as the "third eye," highlight its importance for humanity's potential future. [Source: <https://t.me/c/1703270011/172>]

## Dangerous Food Coatings: Apeel

- Apeel, a food coating funded by the World Economic Forum and Bill Gates, is applied to fruits and vegetables sold in stores like Walmart and Costco. It cannot be washed off, posing potential health risks. Always check labels to avoid purchasing coated produce.

### **Other Medicines Containing Fetal Cells:**

- Pulmozyme (Cystic Fibrosis), Enbrel (Rheumatoid Arthritis).

### **Microwave Ovens and Food Health**

- Banned in Russia in 1976 due to studies showing health risks. Although the ban was lifted in the 1990s, microwaves reduce food's nutritional value by 60-90%, accelerate structural disintegration, and lead to systemic health problems such as cancerous cell growth.

### **Big Pharma and Medical Journal Ghostwriting**

- On September 9, 2024, revelations highlighted Big Pharma's ghostwriting of medical studies to promote drugs falsely. Doctors are misled into prescribing these medications based on fraudulent data, risking patient health.
- Dr. Russell Blaylock asserts that the pharmaceutical industry prioritizes profits over health, perpetuating dependency on their treatments.

### **Systemic Manipulation by Big Pharma**

- Big Pharma creates dependency through engineered diseases like "restless leg syndrome" and adult ADHD, driving unnecessary medication use.
- Collaboration with Big Tech ensures personal health data is exploited for profit.

### **The Matrix of Control**

- The illusion of time and systemic control over daily life, from city layouts to traffic regulations, restricts creative freedom.
- Suppressed technologies (e.g., Nikola Tesla's free energy systems and violet ray healing) represent potential advancements stymied by corporate and governmental interests.

### **A Call to Action**

- **Public Awareness:** Educate citizens on the hidden dangers in everyday products and the corporate motives behind them.
- **Policy Changes:** Demand stricter regulations on toxic substances, transparency in food labeling, and accountability for corporations and regulators.
- **Personal Choices:** Shift toward organic, non-GMO foods and natural health remedies. Limit exposure to processed foods, artificial additives, and corporate-controlled media.

### **The Final Truth**

- The evidence suggests a widespread, systemic poisoning of the population through various means, from the food we eat to the products we use daily. Addressing these issues requires a collective effort to demand transparency, accountability, and healthier alternatives. Only by reclaiming our health and freedom can we ensure a safer future for generations to come.
- The healthcare system profits from sickness rather than health. Awareness and action are essential to break free from this cycle and reclaim control over personal health.
- Solutions include avoiding harmful products, advocating for transparency, and supporting natural health remedies.

---

## Conclusions and Recommendations

- **Detoxification:** Eliminate processed foods, remove mercury fillings, and avoid fluoride-containing products.
- **Dietary Shifts:** Emphasize natural, unprocessed foods, and grow personal food supplies where possible.
- **Awareness and Advocacy:** Educate others on the dangers of processed and "matrix" foods while supporting natural remedies and sustainable practices.

This compilation serves as a resource for those seeking to understand and mitigate the harmful practices in modern food production. Further research and personal application are encouraged to achieve holistic well-being.